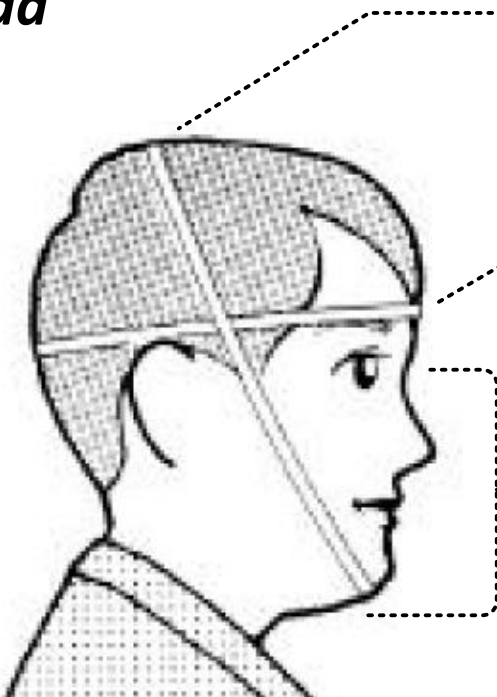


MURDOCH KENDO CLUB – BŌGU MEASUREMENT TEMPLATE

Name	<input type="text"/>	Height	<input type="text"/> cm
Gender	<input type="text"/>	Age	<input type="text"/>
Measured By	<input type="text"/>	Weight	<input type="text"/> kg
		Waist Girth	<input type="text"/> cm

Head



Widest measurement diagonally from chin to crown

A cm

hachimaki
Widest measurement horizontally around forehead

B cm

monomi
Measurement vertically from centre of eyes to bottom of chin

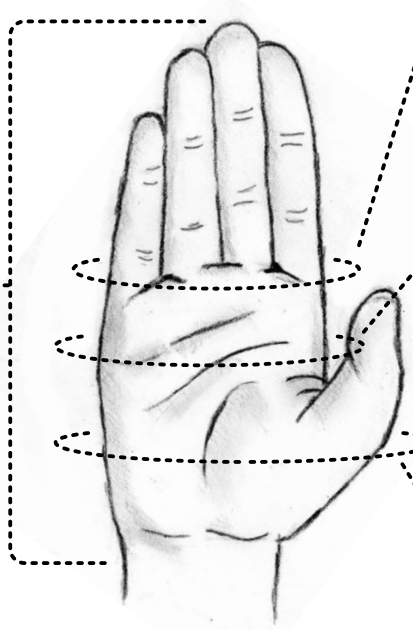
C cm

Hand

Left
 Right

Length of hand from wrist to tip of longest finger

D cm



Around knuckles

E cm

Around middle of palm (under the thumb)

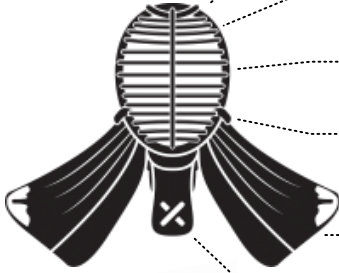
F cm

Around bottom of palm (widest circumference)

G cm

防具 *bōgu* Armour

面 *men*



men-buton
Cloth padding (*futon*)

mengane
Metal grills

monomi
Viewing gap

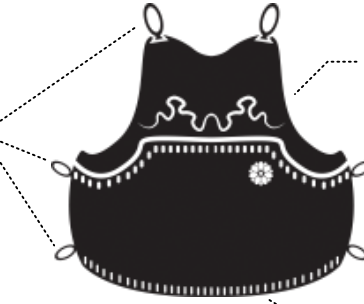
chichigawa
Leather loop to secure the *himo* (string)

men-dare
Flaps for shoulder protection

tsuki-dare
Flap for throat protection

men-himo
String / fastener (1 pair)

胴 *dō*



mune
Chest protector

dō-dai
Stomach protector

dō-himo
String / fastener
(1 long pair + 1 short pair)

小手 *kote*

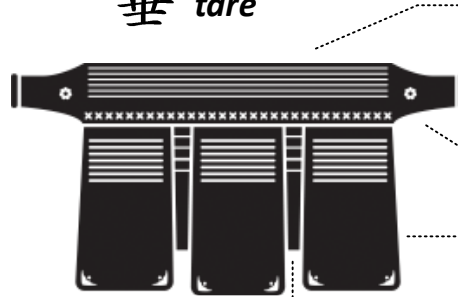


kote-bu
Cloth padding (*futon*)

kobushi / kashira
Fist area

tenouchi
Palm

垂 *tare*



obi
Belt (stomach)

tare-himo
Belt (around the back)

ōdare
Big flaps (front)

kodare
Small flaps (back)

Supplementary Equipment



shinai
Bamboo sword



bokken / bokutō
Wooden sword



tenugui
Headwrap



tabi
Sock to prevent foot blister

Heel pad



Wrist protector